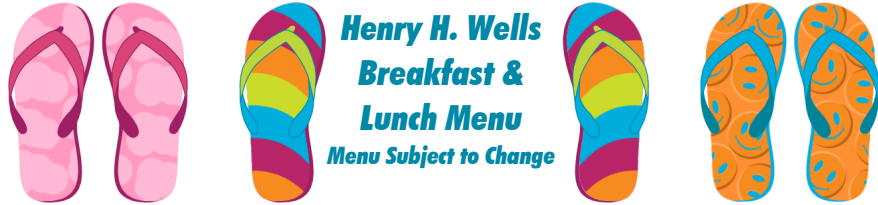




MENUS FOR JUNE 2025



Henry H. Wells
Breakfast &
Lunch Menu

Menu Subject to Change

BCSD is a equal opportunity provider & employer.

Vegetable of the Month Zucchini



Available Daily

Breakfast

**Nutrigrain Bar, Cereal Bar,
Whole Grain Muffin,
Whole Grain Roll, Bagel or Cereal,
Fresh Fruit or Fruit Juice
& 1 Cup Serving Milk Variety**

Alternate Lunch

**Monday: Salami & Cheese
Sandwich**

**Tuesday: Ham & Cheese Sandwich
or Baked Potato Meal**

**Wednesday: Bagel Lunch:
Bagel, Cheese Stick & Yogurt**

**Thursday: Turkey Sandwich or
Baked Potato Meal**

**Friday: Italian Combo
Offered Daily**

**Grab & Go Salad Plate
Sunflower Butter & Jelly Sandwich
Offered Daily With All Meals:**

**Assorted Vegetables: Garbanzo Beans,
Broccoli, Carrots, Tomatoes, Cucumbers,
Tossed Green Salad, Corn
& Whole Grain Dinner Roll
& Assorted Fruit:
Fresh, Canned and Fruit Juice
& Milk Variety
*Made From Scratch**

Monday, June 2

Breakfast

*Homemade Muffin

Lunch

Copy Cat KFC Bowl
Crunchy Popcorn Chicken
Mashed Potatoes
Sweet Corn, Gravy
Assorted Canned/Fresh Fruit
Milk Variety

Tuesday, June 3

Breakfast

*Bacon, Egg, Cheese on a Roll

Lunch

Pizza Bagel
Caesar Salad
Assorted Canned & Fresh Fruit
Milk Variety

Wednesday, June 4

Breakfast

*Homemade Muffin

Lunch

All Natural Beef Frank
Chili, Vegetarian Beans,
Sauerkraut, French Fries
Assorted Canned/Fresh Fruit
Milk Variety

Thursday, June 5

Breakfast

*Bacon, Egg, Cheese on a Roll

Lunch

French Toast Bites, Syrup
Sausage or String Cheese
Hash Browns
Carrots & Celery Sticks
Assorted Canned/Fresh Fruit
Milk Variety

Friday, June 6

Breakfast

Cinnamon Bun

Lunch

Pizza with Cheese or
BBQ Chicken Topping
Tossed Salad with
Italian Dressing
Fruit Juice
Milk Variety

SALAD BAR FEATURING Grab & Go Chicken Caesar Salad Plate

Monday, June 9

Breakfast

*Homemade Muffin

Lunch

Chicken Tenders
Choice of Dipping Sauce
OR
Grilled Chicken on a Bun
Brown Rice, Baby Carrots
Assorted Canned & Fresh Fruit
Milk Variety

Tuesday, June 10

Breakfast

*Bacon, Egg, Cheese on a Roll

Lunch

*Nacho Platter
Seasoned Beef/Cheese Sauce
Lettuce/Tomato/Salsa/Sour
Cream over Nacho Chips
Assorted Canned/Fresh Fruit
Milk Variety

Wednesday, June 11

Breakfast

*Homemade Muffin

Lunch

Mozzarella Stuffed
Breadsticks
*Tomato Sauce for Dipping
Zucchini
Assorted Canned & Fresh Fruit
Milk Variety

Thursday, June 12

Breakfast

*Bacon, Egg, Cheese on a Roll

Lunch

*Wacky Mac Plain or
*Meat Sauce
Broccoli
WW French Bread
Assorted Canned/Fresh Fruit
Milk Variety

Friday, June 13

Breakfast

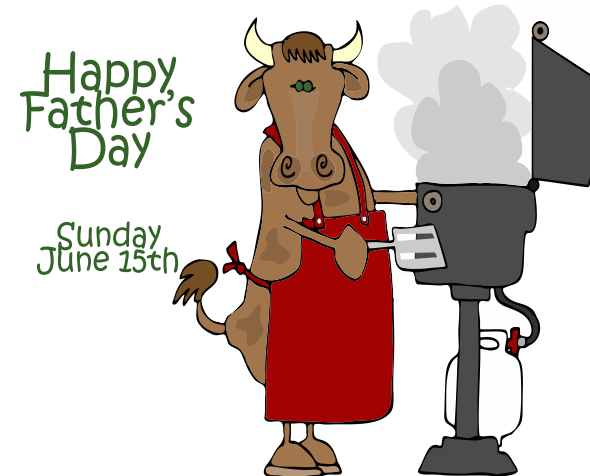
Cinnamon Bun

Lunch

Pizza with Cheese or
Pepperoni Topping
Tossed Salad with
Italian Dressing
Fruit Juice
Milk Variety

SALAD BAR FEATURING Grab & Go Chef Salad Plate

Monday, June 16	Tuesday, June 17	Wednesday, June 18	Thursday, June 19	Friday, June 20
<u>Breakfast</u> *Homemade Muffin <u>Lunch</u> Breaded Chicken Cutlet on a Hard Roll OR Grilled Chicken on a Bun Lettuce & Tomato Cup Assorted Canned/Fresh Fruit Milk Variety	<u>Breakfast</u> *Bacon, Egg, Cheese on a Roll <u>Lunch</u> *Twisted Pasta Plain or *Tomato Sauce, Meatballs Zucchini WW French Bread Assorted Canned/Fresh Fruit Milk Variety	<u>Breakfast</u> *Homemade Muffin <u>Lunch</u> *Hamburger or Cheeseburger on a Bun Lettuce, Tomato, Pickles Oven Baked French Fries Assorted Canned/Fresh Fruit Milk Variety	<u>JUNETEENTH</u> <u>SCHOOL CLOSED</u>	<u>Breakfast</u> Cinnamon Bun <u>Lunch</u> Pizza with Cheese or Buffalo Chicken Topping Tossed Salad with Italian Dressing Fruit Juice Milk Variety
SALAD BAR FEATURING Grab & Go Chicken Caesar Salad Plate				



Monday, June 23	Tuesday, June 24	Wednesday, June 25	Thursday, June 26	Friday, June 27
<u>Breakfast</u> *Homemade Muffin <u>Lunch</u> Perdue Dino Nuggets Choice of Dipping Sauces OR Grilled Chicken on a Bun Brown Rice, Baby Carrots Assorted Canned & Fresh Fruit Milk Variety	<u>Breakfast</u> *Bacon, Egg, Cheese on a Roll <u>Lunch</u> Pizza with Cheese or Pepperoni Topping Tossed Salad with Italian Dressing Fruit Juice Milk Variety	<u>Breakfast</u> *Homemade Muffin <u>No Lunch</u> <u>EARLY DISMISSAL</u>	<u>Breakfast</u> *Bacon, Egg, Cheese on a Roll <u>No Lunch</u> <u>EARLY DISMISSAL</u>	<u>Breakfast</u> Cinnamon Bun <u>No Lunch</u> <u>EARLY DISMISSAL</u> <u>LAST DAY OF SCHOOL</u>
SALAD BAR FEATURING Grab & Go Chef Salad Plate				



GET IN THE SWIM.

Spending a few hours or a day at a pool or on the beach is what summer is all about! It's fun, relaxing, and great exercise - a triple benefit for anyone's wellness! So have fun around the water this summer, but please wear sunscreen and **BE SAFE**. Whether you're swimming in a river, lake, ocean, pool, or water park, know your limitations and your ability. And don't ever swim alone.

EAT BETTER. PLAY HARDER. LIVE HEALTHIER. LEARN EASIER.
WELLNESS IS A WAY OF LIFE!



Free School Meals Are Here For Brewster!!!

Free & Reduced Applications Are No Longer Needed.

ALL Brewster Students are eligible for school breakfast & lunch each day at no cost to families!

A La Carte & Snacks Will Still Be Available at Regular Prices.

Any Questions Contact:
dpalmiero@brewsterschools.org
 Or call 845-279-3702 ext. 2125