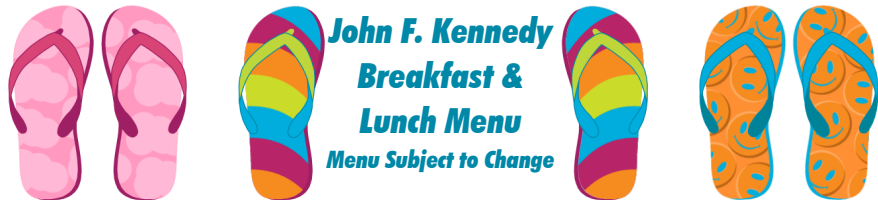




# MENUS FOR JUNE 2025



**John F. Kennedy**  
**Breakfast & Lunch Menu**  
*Menu Subject to Change*

BCSD is a equal opportunity provider & employer.

## Vegetable of the Month

### Zucchini



## Available Daily

### **Breakfast**

**Nutrigrain Bar, Cereal Bar,  
Whole Grain Muffin,  
Whole Grain Roll, Bagel or Cereal,  
Fresh Fruit or Fruit Juice  
& 1 Cup Serving Milk Variety**

### **Alternate Lunch**

**Monday: Bagel Lunch:**

**Bagel, Cheese Stick, Yogurt  
Tuesday: Turkey Sandwich or  
Baked Potato Meal**

**Wednesday: Ham & Cheese Sandwich**

**Thursday: Turkey Sandwich or  
Baked Potato Meal**

**Friday: Bagel Lunch:**

**Bagel, Cheese Stick, Yogurt**

### **Offered Daily:**

**Grab & Go Salad Plate  
Sunflower Butter & Jelly Sandwich  
Offered Daily With All Meals:**

### **Assorted Vegetables:**

**Garbanzo Beans,  
Broccoli, Carrots,  
Tomatoes, Cucumbers,  
Tossed Green Salad, Corn  
& Whole Grain Dinner Roll  
& Assorted Fruit:  
Fresh, Canned and Fruit Juice  
& Milk Variety  
\*Made From Scratch**

### Monday, June 2

#### **Breakfast**

Cinnamon Bun

#### **Lunch**

Perdue Dino Nuggets  
Choice of Dipping Sauces  
OR  
Grilled Chicken on a Bun  
Brown Rice, Baby Carrots  
Assorted Canned & Fresh Fruit  
Milk Variety

### Tuesday, June 3

#### **Breakfast**

Breakfast Pizza

#### **Lunch**

Mozzarella Stuffed  
Bread Sticks  
Tomato Sauce for Dipping  
Green Beans  
Assorted Canned & Fresh Fruit  
Milk Variety

### Wednesday, June 4

#### **Breakfast**

\*Homemade Muffin

#### **Lunch**

Snack Box  
Soft Pretzel  
Cheese Stick  
Sunbutter Cup Dipper  
Carrot Sticks  
Apple Slices  
Milk Variety

### Thursday, June 5

#### **Breakfast**

\*Bacon, Egg, Cheese on a Roll

#### **Lunch**

\*Rotini Pasta, Plain  
\*Tomato or Meat Sauce  
Whole Wheat French Bread  
Zucchini  
Assorted Canned & Fresh Fruit  
Milk Variety

### Friday, June 6

#### **Breakfast**

Cinnamon Bun

#### **Lunch**

Pizza with Cheese or  
Pepperoni Topping  
Tossed Salad with  
Italian Dressing  
Fruit Juice  
Milk Variety

## **SALAD BAR FEATURING Grab & Go Chicken Caesar Salad Plate**

### Monday, June 9

#### **Breakfast**

Cinnamon Bun

#### **Lunch**

Breaded Chicken Tenders  
Choice of Dipping Sauces OR  
Grilled Chicken on a Bun  
Brown Rice, Green Beans  
Assorted Canned & Fresh Fruit  
Milk Variety

### Tuesday, June 10

#### **Breakfast**

Breakfast Pizza

#### **Lunch**

\*Rotini Pasta, Plain  
\*Tomato or Meat Sauce  
Whole Wheat French Bread  
Broccoli  
Assorted Canned & Fresh Fruit  
Milk Variety

### Wednesday, June 11

#### **Breakfast**

\*Homemade Muffin

#### **Lunch**

\*Hamburger or  
Cheeseburger on a Bun  
Lettuce, Tomato  
Oven Baked French Fries  
Assorted Canned/Fresh Fruit  
Milk Variety

### Thursday, June 12

#### **Breakfast**

\*Bacon, Egg, Cheese on a Roll

#### **Lunch**

French Toast Bites  
Maple Syrup  
Sausage or String Cheese  
Carrot & Celery Sticks  
Assorted Canned/Fresh Fruit  
Milk Variety

### Friday, June 13

#### **Breakfast**

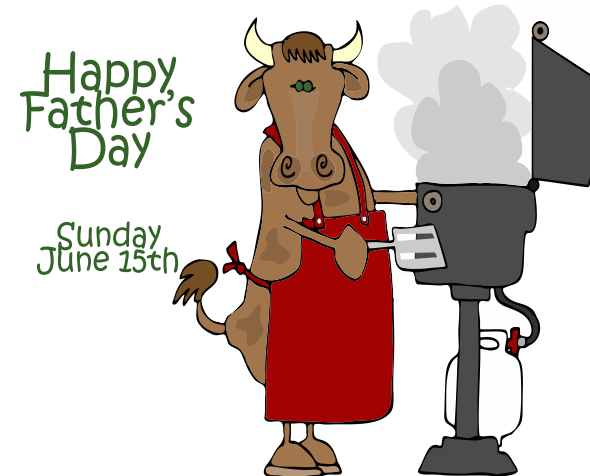
Cinnamon Bun

#### **Lunch**

Pizza with Cheese or  
Pepperoni Topping  
Tossed Salad with  
Italian Dressing  
Fruit Juice  
Milk Variety

## **SALAD BAR FEATURING Grab & Go Chef Salad Plate**

Monday, June 16	Tuesday, June 17	Wednesday, June 18	Thursday, June 19	Friday, June 20
<b><u>Breakfast</u></b> Cinnamon Bun	<b><u>Breakfast</u></b> Breakfast Pizza	<b><u>Breakfast</u></b> *Homemade Muffin	<b><u>JUNETEENTH</u></b>	<b><u>Breakfast</u></b> Cinnamon Bun
<b><u>Lunch</u></b> Perdue Dino Nuggets Choice of Dipping Sauces OR Grilled Chicken on a Bun Brown Rice, Zucchini Assorted Canned & Fresh Fruit Milk Variety	<b><u>Lunch</u></b> Pizza Bagel Caesar Salad Assorted Canned & Fresh Fruit Milk Variety	<b><u>Lunch</u></b> *Oven Grilled Cheese Sandwich Oven Baked Fries Assorted Canned & Fresh Fruit Milk Variety	<b><u>SCHOOL CLOSED</u></b>	<b><u>Lunch</u></b> Pizza with Cheese or Pepperoni Topping Tossed Salad with Italian Dressing Fruit Juice Milk Variety
<b>SALAD BAR FEATURING Grab &amp; Go Chicken Caesar Salad Plate</b>				



Monday, June 23	Tuesday, June 24	Wednesday, June 25	Thursday, June 26	Friday, June 27
<b><u>Breakfast</u></b> Cinnamon Bun	<b><u>Breakfast</u></b> Breakfast Pizza	<b><u>Breakfast</u></b> *Homemade Muffin	<b><u>Breakfast</u></b> *Bacon, Egg, Cheese on a Roll	<b><u>Breakfast</u></b> Cinnamon Bun
<b><u>Lunch</u></b> Breaded Chicken Tenders Choice of Dipping Sauces OR Grilled Chicken on a Bun Brown Rice, Carrot Coins Assorted Canned & Fresh Fruit Milk Variety	<b><u>Lunch</u></b> Pizza with Cheese or Pepperoni Topping Tossed Salad with Italian Dressing Fruit Juice Milk Variety	<b><u>No Lunch</u></b>  <b><u>EARLY DISMISSAL</u></b>	<b><u>No Lunch</u></b>  <b><u>EARLY DISMISSAL</u></b>	<b><u>No Lunch</u></b>  <b><u>EARLY DISMISSAL</u></b>  <b><u>LAST DAY OF SCHOOL</u></b>
<b>SALAD BAR FEATURING Grab &amp; Go Chef Salad Plate</b>				



## GET IN THE SWIM.

Spending a few hours or a day at a pool or on the beach is what summer is all about! It's fun, relaxing, and great exercise - a triple benefit for anyone's wellness! So have fun around the water this summer, but please wear sunscreen and **BE SAFE**. Whether you're swimming in a river, lake, ocean, pool, or water park, know your limitations and your ability. And don't ever swim alone.

**EAT BETTER. PLAY HARDER. LIVE HEALTHIER. LEARN EASIER.**  
**WELLNESS IS A WAY OF LIFE!**



**Free School Meals Are Here For Brewster!!!**

**Free & Reduced Applications Are No Longer Needed.**

**ALL Brewster Students are eligible for school breakfast & lunch each day at no cost to families!**

**A La Carte & Snacks Will Still Be Available at Regular Prices.**

**Any Questions Contact:**  
[dpalmiero@brewsterschools.org](mailto:dpalmiero@brewsterschools.org)  
Or call 845-279-3702 ext. 2125