

SCHOOL LUNCH HERO DAY

School Lunch Hero Day Friday, May 2nd

When we say school nutrition professionals are heroes, WE MEAN IT!
That's why we celebrate them every spring with the annual School Lunch Hero Day.
Join schools across the country who are recognizing the difference these team members make for every child who comes through their cafeteria.



Thursday, May 1

Breakfast

*Bacon, Egg, Cheese on a Roll

Lunch

French Toast Bites
Maple Syrup
Sausage or String Cheese
Carrot & Celery Sticks
Assorted Canned/Fresh Fruit
Milk Variety

Salad Bar: Chef Salad Plate

Friday, May 2

Breakfast

Cinnamon Bun

Lunch

Pizza with Cheese or
Pepperoni Topping
Tossed Salad with
Italian Dressing
Fruit Juice
Milk Variety

Salad Bar: Chef Salad Plate

Monday, May 5

Breakfast

Cinnamon Bun

Lunch

Perdue Dino Nuggets
Choice of Dipping Sauces
OR
Grilled Chicken on a Bun
Brown Rice, Baby Carrots
Assorted Canned & Fresh Fruit
Milk Variety

Tuesday, May 6

Breakfast

Breakfast Pizza

Lunch

Mozzarella Stuffed
Bread Sticks
Tomato Sauce for Dipping
Green Beans
Assorted Canned & Fresh Fruit
Milk Variety

Wednesday, May 7

Breakfast

*Homemade Muffin

Lunch

Snack Box
Soft Pretzel
Cheese Stick
Sunbutter Cup Dipper
Carrot Sticks
Apple Slices
Milk Variety

Thursday, May 8

Breakfast

*Bacon, Egg, Cheese on a Roll

Lunch

*Rotini Pasta, Plain
*Tomato or Meat Sauce
Whole Wheat French Bread
Broccoli
Assorted Canned & Fresh Fruit
Milk Variety

Friday, May 9

Breakfast

Cinnamon Bun

Lunch

Pizza with Cheese or
Pepperoni Topping
Tossed Salad with
Italian Dressing
Fruit Juice
Milk Variety

Available Daily

Breakfast

**Nutrigrain Bar, Cereal Bar,
Whole Grain Muffin,
Whole Grain Roll, Bagel or Cereal,
Fresh Fruit or Fruit Juice
& 1 Cup Serving Milk Variety**

Alternate Lunch

Monday: Bagel Lunch:

**Bagel, Cheese Stick, Yogurt
Tuesday: Turkey Sandwich or
Baked Potato Meal**

Wednesday: Ham & Cheese Sandwich

**Thursday: Turkey Sandwich or
Baked Potato Meal**

Friday: Bagel Lunch:

Bagel, Cheese Stick, Yogurt

Offered Daily:

Grab & Go Salad Plate

Sunflower Butter & Jelly Sandwich

Offered Daily With All Meals:

Assorted Vegetables:

Garbanzo Beans,

Broccoli, Carrots,

Tomatoes, Cucumbers,

Tossed Green Salad, Corn

& Whole Grain Dinner Roll

& Assorted Fruit:

Fresh, Canned and Fruit Juice

& Milk Variety

SALAD BAR FEATURING Grab & Go Chicken Caesar Salad Plate

Monday, May 12

Breakfast

Cinnamon Bun

Lunch

Breaded Chicken Tenders
Choice of Dipping Sauces OR
Grilled Chicken on a Bun
Brown Rice, Carrot Coins
Assorted Canned & Fresh Fruit
Milk Variety

Tuesday, May 13

Breakfast

Breakfast Pizza

Lunch

*Macaroni & Cheese
Cornbread
Broccoli
Assorted Canned & Fresh Fruit
Milk Variety

Wednesday, May 14

Breakfast

*Homemade Muffin

Lunch

Eggo Pancakes, Syrup
Sausage or String Cheese
Carrot & Celery Sticks
Assorted Canned/Fresh Fruit
Milk Variety

PLC DAY
2HR Early Release

Thursday, May 15

Breakfast

*Bacon, Egg, Cheese on a Roll

Lunch

*Hamburger or
Cheeseburger on a Bun
Lettuce, Tomato
Oven Baked French Fries
Assorted Canned/Fresh Fruit
Milk Variety

Friday, May 16

Breakfast

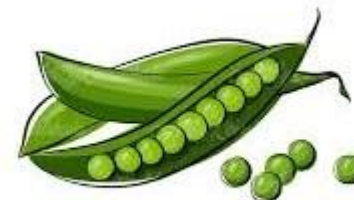
Cinnamon Bun

Lunch

Pizza with Cheese or
Pepperoni Topping
Tossed Salad with
Italian Dressing
Fruit Juice
Milk Variety

Vegetable of the Month

Green Peas



SALAD BAR FEATURING Grab & Go Chef Salad Plate

Monday, May 19

Breakfast

Cinnamon Bun

Lunch

Perdue Dino Nuggets
Choice of Dipping Sauces
OR
Grilled Chicken on a Bun
Brown Rice, Baby Carrots
Assorted Canned & Fresh Fruit
Milk Variety

Tuesday, May 20

Breakfast

Breakfast Pizza

Lunch

Pizza Bagel
Caesar Salad
Assorted Canned & Fresh Fruit
Milk Variety

Wednesday, May 21

Breakfast

*Homemade Muffin

Lunch

*Oven Grilled
Cheese Sandwich
Oven Baked Fries
Assorted Canned & Fresh Fruit
Milk Variety

Thursday, May 22

Breakfast

*Bacon, Egg, Cheese on a Roll

Lunch

Pizza with Cheese or
Pepperoni Topping
Tossed Salad with
Italian Dressing
Fruit Juice
Milk Variety

Friday, May 23

Memorial Day Recess

School Closed

**Free School Meals Are
Here For Brewster!!!**

**Free & Reduced
Applications Are No
Longer Needed.**

**ALL Brewster Students are
eligible for school breakfast
& lunch each day at no cost
to families!**

**A La Carte & Snacks Will Still Be
Available at Regular Prices.**

**Any Questions Contact:
dpalmiero@brewsterschools.org
Or call 845-279-3702 ext. 2125**

SALAD BAR FEATURING Grab & Go Chicken Caesar Salad Plate

Monday, May 26



Tuesday, May 27

Memorial Day Recess

School Closed

Wednesday, May 28

Breakfast

*Homemade Muffin

Lunch

Breaded Chicken Tenders
Choice of Dipping Sauces OR
Grilled Chicken on a Bun
Brown Rice
*Green Peas
Assorted Canned & Fresh Fruit
Milk Variety

Thursday, May 29

Breakfast

*Bacon, Egg, Cheese on a Roll

Lunch

*Rotini Pasta, Plain
*Tomato or Meat Sauce
Whole Wheat French Bread
Broccoli
Assorted Canned & Fresh Fruit
Milk Variety

Friday, May 30

Breakfast

Cinnamon Bun

Lunch

Pizza with Cheese or
Pepperoni Topping
Tossed Salad with
Italian Dressing
Fruit Juice
Milk Variety

SALAD BAR FEATURING Grab & Go Chef Salad Plate