

**Brewster High School
Breakfast & Lunch Menu**

MENUS FOR MARCH 2024

BCSD is an equal
opportunity provider
and employer. Menus are subject
to change.

Monday, March 4

Breakfast

Cinnamon Bun OR
*Bacon, Egg, Cheese on a Roll

Lunch

Maxx Pizza Sticks
*Tomato Sauce for Dipping
*Cole Slaw
Assorted Canned/Fresh Fruit
Milk Variety

Tuesday, March 5

Breakfast

*Smoothie or Parfait OR
*Bacon, Egg, Cheese on a Roll

Lunch

*Nacho Platter
Seasoned Beef/Cheese Sauce
Lettuce/Tomato/Salsa/Sour
Cream over Nacho Chips
Assorted Canned/Fresh Fruit
Milk Variety

Wednesday, March 6

Breakfast

*Homemade Muffin OR
*Bacon, Egg, Cheese on a Roll

Lunch

*Twisted Pasta
Meat Sauce
WW Garlic Bread
Green Beans
Assorted Canned/Fresh Fruit
Milk Variety

Thursday, March 7

Breakfast

French Toast Sticks OR
*Bacon, Egg, Cheese on a Roll

Lunch

*Hamburger or
Cheeseburger on a Bun
Lettuce, Tomato, Pickles
Oven Baked French Fries
Assorted Canned/Fresh Fruit
Milk Variety

Friday, March 8

Breakfast

*Homemade Muffin OR
*Bacon, Egg, Cheese on a Roll

Lunch

Chicken Quesadilla
Nacho Chips & Salsa
Sour Cream
Black Bean & Corn Salad
Assorted Canned/Fresh Fruit
Milk Variety

SERVED DAILY: Big Daddy Pizza & Chicken Cutlet on a Bun

Monday, March 11

Breakfast

Cinnamon Bun OR
*Bacon, Egg, Cheese on a Roll

Lunch

Meatball Hero
Grated Parmesan Cheese
Broccoli
Assorted Canned/Fresh Fruit
Milk Variety

Tuesday, March 12

Breakfast

*Smoothie or Parfait OR
*Bacon, Egg, Cheese on a Roll

Lunch

*Turkey Dinner
Turkey, Gravy
Mashed Potatoes
Corn
Assorted Canned/Fresh Fruit
Milk Variety

Wednesday, March 13

**Superintendent's
Conference Day**

School Closed

Thursday, March 14

Breakfast

French Toast Sticks OR
*Bacon, Egg, Cheese on a Roll

Lunch

Steamed Chicken &
Vegetable Dumplings
Choice of Dipping Sauces
WG Vegetable Egg Roll
Fortune Cookie
Assorted Canned/Fresh Fruit
Milk Variety

Friday, March 15

Breakfast

*Homemade Muffin OR
*Bacon, Egg, Cheese on a Roll

Lunch

Chicken Quesadilla
Nacho Chips & Salsa
Sour Cream
Black Bean & Corn Salad
Assorted Canned/Fresh Fruit
Milk Variety

SERVED DAILY: Big Daddy Pizza & Chicken Cutlet on a Bun

Friday, March 1

Breakfast

*Homemade Muffin OR
*Bacon, Egg, Cheese on a Roll

Lunch

Chicken Quesadilla
Nacho Chips & Salsa
Sour Cream
Black Bean & Corn Salad
Assorted Canned/Fresh Fruit
Milk Variety

Available Daily

Breakfast

**Nutrigrain Bar, Cereal Bar,
Whole Grain Muffin,
Whole Grain Roll, Bagel or Cereal,
Bacon, Egg, Cheese on a Roll
Fresh Fruit or Fruit Juice
& 1 Cup Serving Milk Variety**

LUNCH

Served Daily

**Big Daddy Pizza
Chicken Cutlet on a Bun
Additional Lunch Choices**

Deli Bar:

**Offering Assorted Breads/
Meats/Cheese/Veggies**

Available Daily:

**Grab & Go Salad Plate
Sunflower Butter & Jelly Sandwich**

Offered Daily With All Meals

**Whole Grain Bread or Roll
Assorted Fruit:
Fresh, Canned and Fruit Juice
And**

Assorted Vegetables:

**Garbanzo Beans, Broccoli
Florets,
Carrots, Tomatoes, Cucumbers,
Corn, Green Lettuce
And Milk Variety
*Made From Scratch**

Monday, March 18	Tuesday, March 19	Wednesday, March 20	Thursday, March 21	Friday, March 22
Breakfast Cinnamon Bun OR *Bacon, Egg, Cheese on a Roll	Breakfast *Smoothie or Parfait OR *Bacon, Egg, Cheese on a Roll	Breakfast *Homemade Muffin OR *Bacon, Egg, Cheese on a Roll	Breakfast French Toast Sticks OR *Bacon, Egg, Cheese on a Roll	Breakfast *Homemade Muffin OR *Bacon, Egg, Cheese on a Roll
Lunch Wild Mike's Cheese Bites Tomato Dipping Sauce Steamed Broccoli Assorted Canned/Fresh Fruit Milk Variety	Lunch *Twisted Pasta Meat Sauce WW French Bread Green Beans Assorted Canned/Fresh Fruit Milk Variety	Lunch *Grown Up Grilled Cheese Tomato Soup Oven Baked Fries Assorted Canned/Fresh Fruit Milk Variety	Lunch Top Your Baked Potato Chili, Cheese Sauce, Bacon Bits Broccoli Assorted Canned/Fresh Fruit Milk Variety	Lunch Chicken Quesadilla Nacho Chips & Salsa Sour Cream Black Bean & Corn Salad Assorted Canned/Fresh Fruit Milk Variety
SERVED DAILY: Big Daddy Pizza & Chicken Cutlet on a Bun				

Monday, March 25	Tuesday, March 26	Wednesday, March 27	Thursday, March 28	Friday, March 29
Breakfast Cinnamon Bun OR *Bacon, Egg, Cheese on a Roll	Breakfast *Smoothie or Parfait OR *Bacon, Egg, Cheese on a Roll	Breakfast *Homemade Muffin OR *Bacon, Egg, Cheese on a Roll	Breakfast French Toast Sticks OR *Bacon, Egg, Cheese on a Roll	SPRING RECESS BEGINS
Lunch Copy Cat KFC Bowl Crunchy Popcorn Chicken Mashed Potatoes Sweet Corn, Gravy Assorted Canned/Fresh Fruit Milk Variety	Lunch *Tacos Hard or Soft Shell Seasoned Beef/Lettice/ Tomato/Shredded Cheese/ Salsa/Spanish Rice Assorted Canned/Fresh Fruit Milk Variety	Lunch BBQ Chicken Pieces Corn Bread Sweet Potatoes Green Beans Assorted Canned/Fresh Fruit Milk Variety	Lunch Chicken Quesadilla Nacho Chips & Salsa Sour Cream Black Bean & Corn Salad Assorted Canned/Fresh Fruit Milk Variety	No School
SERVED DAILY: Big Daddy Pizza & Chicken Cutlet on a Bun				

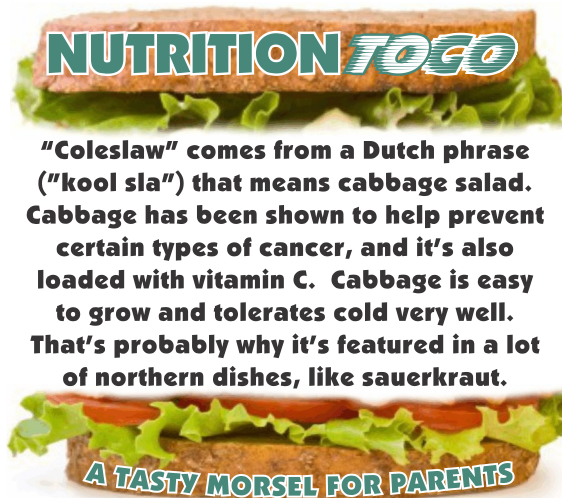
Free School Meals Are Here For Brewster!!!

Free & Reduced Applications Are No Longer Needed.

ALL Brewster Students are eligible for school breakfast & lunch each day at no cost to families!

A La Carte & Snacks Will Still Be Available at Regular Prices.

Any Questions Contact:
dpalmiero@brewsterschools.org
Or call 845-279-3702 ext. 2125



Vegetable of the Month



Cabbage

