

**C. V. Starr**  
**Breakfast & Lunch Menu**

# MENUS FOR MARCH 2024

BCSD is an equal  
opportunity provider  
and employer. Menus are subject  
to change.

**Monday, March 4**

**Breakfast**

\*Homemade Muffin

**Lunch**

Copy Cat KFC Bowl  
Crunchy Popcorn Chicken  
Shredded Cheddar Cheese  
Mashed Potatoes  
Sweet Corn, Gravy  
Assorted Canned/Fresh Fruit  
Milk Variety

**Tuesday, March 5**

**Breakfast**

\*Bacon, Egg, Cheese on a Roll

**Lunch**

\*Tacos  
Hard or Soft Shell  
Seasoned Beef/Lettuce/  
Tomato/Shredded Cheese/  
Salsa/Spanish Rice  
Assorted Canned/Fresh Fruit  
Milk Variety

**Wednesday, March 6**

**Breakfast**

\*Homemade Muffin

**Lunch**

\*Elbow Macaroni Plain  
\*Tomato or Meat Sauce  
Broccoli  
WW French Bread  
Assorted Canned/Fresh Fruit  
Milk Variety

**Thursday, March 7**

**Breakfast**

\*Bacon, Egg, Cheese on a Roll

**Lunch**

\*Oven Grilled  
Cheese Sandwich  
Oven Baked Fries  
Assorted Canned/Fresh Fruit  
Milk Variety

**Friday, March 8**

**Breakfast**

Cinnamon Bun

**Lunch**

Pizza with Cheese or  
Broccoli Topping  
Tossed Salad with  
Italian Dressing  
Fruit Juice  
Milk Variety

**SALAD BAR FEATURING Grab & Go Chicken Caesar Salad Plate**

**Monday, March 11**

**Breakfast**

\*Homemade Muffin

**Lunch**

Breaded Chicken Patty  
on a Bun  
OR  
Grilled Chicken on a Bun  
Lettuce & Tomato Cup  
Assorted Canned & Fresh Fruit  
Milk Variety

**Tuesday, March 12**

**Breakfast**

\*Bacon, Egg, Cheese on a Roll

**Lunch**

Pizza Sticks  
\*Tomato Sauce for Dipping  
\*Cole Slaw  
Assorted Canned/Fresh Fruit  
Milk Variety

**Wednesday, March 13**

**Superintendent's  
Conference Day**

**School Closed**

**Thursday, March 14**

**Breakfast**

\*Bacon, Egg, Cheese on a Roll

**Lunch**

\*Hamburger or  
Cheeseburger on a Bun  
Lettuce, Tomato  
Oven Baked French Fries  
Assorted Canned/Fresh Fruit  
Milk Variety

**Friday, March 15**

**Breakfast**

Cinnamon Bun

**Lunch**

Pizza with Cheese or  
Pepperoni Topping  
Tossed Salad with  
Italian Dressing  
Fruit Juice  
Milk Variety

**SALAD BAR FEATURING Grab & Go Chef Salad Plate**

**Friday, March 1**

**Breakfast**

Cinnamon Bun

**Lunch**

Pizza with Cheese or  
Pepperoni Topping  
Tossed Salad with  
Italian Dressing  
Fruit Juice  
Milk Variety

**Available Daily**

**Breakfast**

**Nutrigrain Bar, Cereal Bar,  
Whole Grain Muffin,  
Whole Grain Roll, Bagel or Cereal,  
Fresh Fruit or Fruit Juice  
& 1 Cup Serving Milk Variety**

**Alternate Lunch**

**Monday: Salami & Cheese  
Sandwich**

**Tuesday: Ham & Cheese Sandwich  
or Baked Potato Meal**

**Wednesday: Bagel Lunch:**

**Bagel, Cheese Stick & Yogurt  
Thursday: Turkey Sandwich or  
Baked Potato Meal**

**Friday: Italian Combo**

**Offered Daily**

**Grab & Go Salad Plate  
Sunflower Butter & Jelly Sandwich**

**Offered Daily With All Meals:**

**Assorted Vegetables: Garbanzo  
Beans, Broccoli, Carrots, Tomatoes,  
Cucumbers, Tossed Green Salad, Corn  
& Whole Grain Dinner Roll**

**& Assorted Fruit:  
Fresh, Canned and Fruit Juice  
& Milk Variety**

**\*Made From Scratch**

<b>Monday, March 18</b> <u><b>Breakfast</b></u> *Homemade Muffin  <u><b>Lunch</b></u> Sticks & Pucks Breaded Mozzarella Sticks Chicken Nuggets and French Fried Basket Or Grilled Chicken Assorted Canned/Fresh Fruit Milk Variety	<b>Tuesday, March 19</b> <u><b>Breakfast</b></u> *Bacon, Egg, Cheese on a Roll  <u><b>Lunch</b></u> *Nacho Platter Ground Beef/Shredded Cheese/Lettuce/Tomato over Nacho Chips Assorted Canned/Fresh Fruit Milk Variety	<b>Wednesday, March 20</b> <u><b>Breakfast</b></u> *Homemade Muffin  <u><b>Parent/Teacher Conferences</b></u>  <u><b>No Lunch</b></u>  <u><b>Early Dismissal</b></u>	<b>Thursday, March 21</b> <u><b>Breakfast</b></u> *Bacon, Egg, Cheese on a Roll  <u><b>Parent/Teacher Conferences</b></u>  <u><b>No Lunch</b></u>  <u><b>Early Dismissal</b></u>	<b>Friday, March 22</b> <u><b>Breakfast</b></u> Cinnamon Bun  <u><b>Lunch</b></u> Pizza with Cheese or Buffalo Chicken Topping Tossed Salad with Italian Dressing Fruit Juice Milk Variety
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**SALAD BAR FEATURING Grab & Go Chicken Caesar Salad Plate**

<b>Monday, March 25</b> <u><b>Breakfast</b></u> *Homemade Muffin  <u><b>Lunch</b></u> Breaded or Grilled Chicken Wrap Choice of Special Sauce Lettuce & Tomato Brown Rice Assorted Canned & Fresh Fruit Milk Variety	<b>Tuesday, March 26</b> <u><b>Breakfast</b></u> *Bacon, Egg, Cheese on a Roll  <u><b>Lunch</b></u> *Rotini Pasta *Tomato Sauce, Meatball Broccoli WW French Bread Assorted Canned/Fresh Fruit Milk Variety	<b>Wednesday, March 27</b> <u><b>Breakfast</b></u> *Homemade Muffin  <u><b>Lunch</b></u> Eggo Waffles Maple Syrup Sausage or String Cheese Carrot & Celery Sticks Assorted Canned/Fresh Fruit Milk Variety	<b>Thursday, March 28</b> <u><b>Breakfast</b></u> *Bacon, Egg, Cheese on a Roll  <u><b>Lunch</b></u> Pizza with Cheese or Pepperoni Topping Tossed Salad with Italian Dressing Fruit Juice Milk Variety	<b>Friday, March 29</b> <u><b>SPRING RECESS BEGINS</b></u>   <u><b>No School</b></u>
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**SALAD BAR FEATURING Grab & Go Chef Salad Plate**

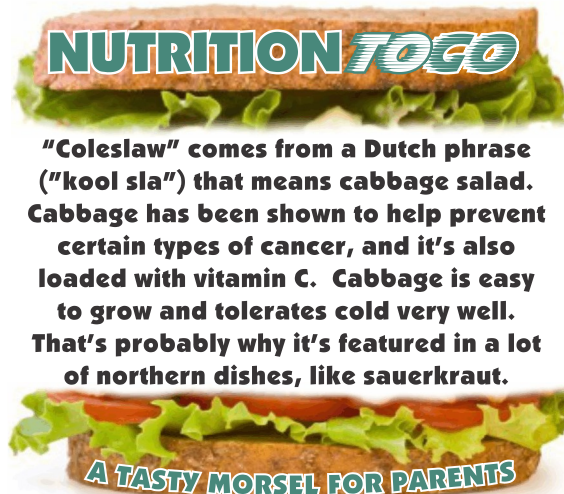
**Free School Meals Are Here For Brewster!!!**

**Free & Reduced Applications Are No Longer Needed.**

**ALL Brewster Students are eligible for school breakfast & lunch each day at no cost to families!**

**A La Carte & Snacks Will Still Be Available at Regular Prices.**

**Any Questions Contact:**  
[dpalmiero@brewsterschools.org](mailto:dpalmiero@brewsterschools.org)  
 Or call 845-279-3702 ext. 2125



## Vegetable of the Month



Cabbage

