

Available Daily

Breakfast

**Nutrigrain Bar, Cereal Bar,
Whole Grain Muffin,
Whole Grain Roll, Bagel or Cereal,
Fresh Fruit or Fruit Juice
& 1 Cup Serving Milk Variety**

Alternate Lunch

**Monday: Salami & Cheese
Sandwich**

**Tuesday: Ham & Cheese Sandwich
or Baked Potato Meal**

**Wednesday: Bagel Lunch:
Bagel, Cheese Stick & Yogurt**

**Thursday: Turkey Sandwich or
Baked Potato Meal**

Friday: Italian Combo

Offered Daily

**Grab & Go Salad Plate
Sunflower Butter & Jelly Sandwich**

Offered Daily With All Meals:

**Assorted Vegetables: Garbanzo Beans,
Broccoli, Carrots, Tomatoes, Cucumbers,**

Tossed Green Salad, Corn

& Whole Grain Dinner Roll

& Assorted Fruit:

Fresh, Canned and Fruit Juice

& Milk Variety

***Made From Scratch**

VEGETABLE Carrots



Carrots are a great source of vitamin A, beta carotene, and fiber. And they're a great snack without ANY sodium or fat! Just go very light on the ranch dressing!

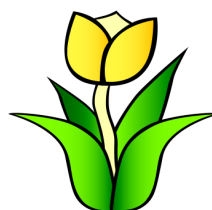
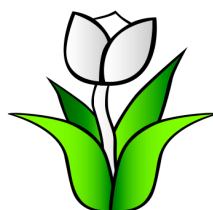
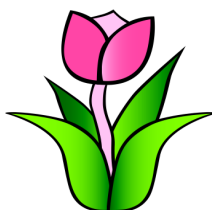
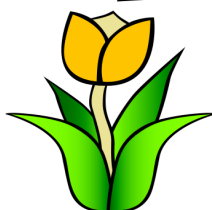
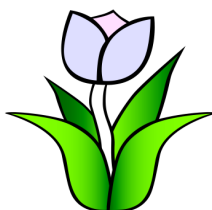
OF THE MONTH

Menus for April 2024

C.V. Starr Breakfast & Lunch Menu

BCSD is an equal opportunity provider & employer.
Menus are subject to change.

SPRING



BREAK

Monday, April 1

Thru Friday, April 5

Monday, April 8

Breakfast

*Homemade Muffin

Lunch

Copy Cat KFC Bowl
Crunchy Popcorn Chicken
Shredded Cheddar Cheese
Mashed Potatoes
Sweet Corn, Gravy
Assorted Canned/Fresh Fruit
Milk Variety

Tuesday, April 9

Breakfast

*Bacon, Egg, Cheese on a Roll

Lunch

*Tacos
Hard or Soft Shell
Seasoned Beef/Lettuce/
Tomato/Shredded Cheese/
Salsa/Spanish Rice
Assorted Canned/Fresh Fruit
Milk Variety

Wednesday, April 10

Breakfast

*Homemade Muffin OR
Banana Split

Lunch

*Elbow Macaroni Plain
*Tomato or Meat Sauce
Broccoli
WW French Bread
Assorted Canned/Fresh Fruit
Milk Variety

Thursday, April 11

Breakfast

*Bacon, Egg, Cheese on a Roll

Lunch

*Oven Grilled
Cheese Sandwich
Oven Baked Fries
Assorted Canned/Fresh Fruit
Milk Variety

Friday, April 12

Breakfast

Cinnamon Bun OR
Yogurt Smoothie

Lunch

Pizza with Cheese or
Broccoli Topping
Tossed Salad with
Italian Dressing
Fruit Juice
Milk Variety

SALAD BAR FEATURING Grab & Go Chicken Caesar Salad Plate

Monday, April 15

Breakfast

*Homemade Muffin

Lunch

Sticks & Pucks
Breaded Mozzarella Sticks
Chicken Nuggets and
French Fried Basket
Or Grilled Chicken
Assorted Canned/Fresh Fruit
Milk Variety

Tuesday, April 16

Breakfast

*Bacon, Egg, Cheese on a Roll

Lunch

*Nacho Platter
Ground Beef/Shredded
Cheese/Lettuce/Tomato
over Nacho Chips
Assorted Canned/Fresh Fruit
Milk Variety

Wednesday, April 17

Breakfast

*Homemade Muffin OR
Banana Split

Lunch

Pizza Sticks
*Tomato Sauce for Dipping
Carrot Sticks & Dip
Assorted Canned/Fresh Fruit
Milk Variety

Thursday, April 18

Breakfast

*Bacon, Egg, Cheese on a Roll

Lunch

*Hamburger or
Cheeseburger on a Bun
Lettuce, Tomato
Oven Baked French Fries
Assorted Canned/Fresh Fruit
Milk Variety

Friday, April 19

Breakfast

Cinnamon Bun OR
Yogurt Smoothie

Lunch

Pizza with Cheese or
Buffalo Chicken Topping
Tossed Salad with
Italian Dressing
Fruit Juice
Milk Variety

SALAD BAR FEATURING Grab & Go Chef Salad Plate

Monday, April 22

Breakfast

*Homemade Muffin

No Lunch

Early Dismissal

Tuesday, April 23

PASSOVER

School Closed

Wednesday, April 24

Breakfast

*Homemade Muffin OR
Banana Split

Lunch

Breaded or Grilled
Chicken Wrap
Choice of Special Sauce
Lettuce & Tomato
Brown Rice
Assorted Canned & Fresh Fruit
Milk Variety

Thursday, April 25

Breakfast

*Bacon, Egg, Cheese on a Roll

Lunch

Eggo Waffles
Maple Syrup
Sausage or String Cheese
Carrot & Celery Sticks
Assorted Canned/Fresh Fruit
Milk Variety

Friday, April 26

Breakfast

Cinnamon Bun OR
Yogurt Smoothie

Lunch

Pizza with Cheese or
Pepperoni Topping
Tossed Salad with
Italian Dressing
Fruit Juice
Milk Variety

SALAD BAR FEATURING Grab & Go Chicken Caesar Salad Plate

Monday, April 29

Breakfast

*Homemade Muffin

Lunch

Perdue Dino Nuggets
Choice of Dipping Sauces
Biscuit
OR
Grilled Chicken on a Bun
Curly Fries
Assorted Canned & Fresh Fruit
Milk Variety

SALAD BAR: Chef Salad Plate

Tuesday, April 30

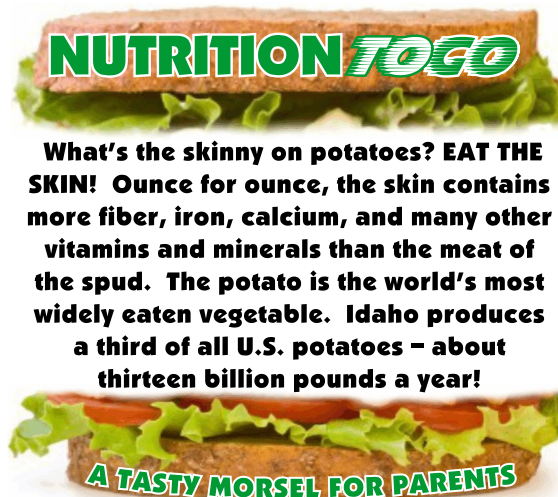
Breakfast

*Bacon, Egg, Cheese on a Roll

Lunch

*Tacos
Hard or Soft Shell
Seasoned Beef/Lettuce/
Tomato/Shredded Cheese/
Salsa/Spanish Rice
Assorted Canned/Fresh Fruit
Milk Variety

SALAD BAR: Chef Salad Plate



What's the skinny on potatoes? EAT THE SKIN! Ounce for ounce, the skin contains more fiber, iron, calcium, and many other vitamins and minerals than the meat of the spud. The potato is the world's most widely eaten vegetable. Idaho produces a third of all U.S. potatoes - about thirteen billion pounds a year!

Free School Meals Are Here For Brewster!!!

Free & Reduced Applications Are No Longer Needed.

ALL Brewster Students are eligible for school breakfast & lunch each day at no cost to families!

A La Carte & Snacks Will Still Be Available at Regular Prices.

**Any Questions Contact:
dpalmiero@brewsterschools.org
Or call 845-279-3702 ext. 2125**

