



Available Daily

Breakfast
 Nutrigrain Bar, Cereal Bar,
 Whole Grain Muffin,
 Whole Grain Roll, Bagel or Cereal,
 Bacon, Egg, Cheese on a Roll
 Fresh Fruit or Fruit Juice
 & 1 Cup Serving Milk Variety

LUNCH
Served Daily
 Big Daddy Pizza
 Chicken Cutlet on a Bun
Additional Lunch Choices
Deli Bar:
 Offering Assorted Breads/
 Meats/Cheese/Veggies


Available Daily:
 Grab & Go Salad Plate
 Sunflower Butter & Jelly Sandwich

Offered Daily With All Meals
 Whole Grain Bread or Roll
 Assorted Fruit:
 Fresh, Canned and Fruit Juice
And
 Assorted Vegetables:
 Garbanzo Beans, Broccoli Florets,
 Carrots, Tomatoes, Cucumbers
 Corn, Green Lettuce
And Milk Variety
***Made From Scratch**



VEGETABLE

Carrots



Carrots are a great source of vitamin A, beta carotene, and fiber. And they're a great snack without ANY sodium or fat! Just go very light on the ranch dressing!

OF THE MONTH

Menus for April 2024

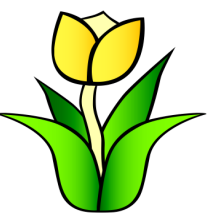
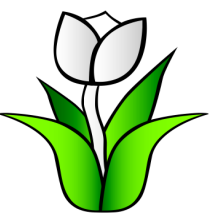
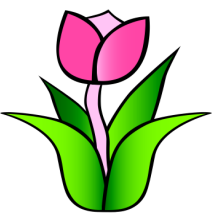
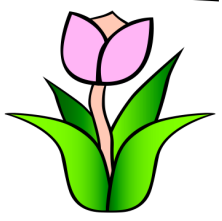
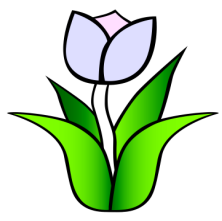
Brewster High School Breakfast & Lunch Menu



BCSD is an equal opportunity provider & employer.
 Menus are subject to change.

S P R I N G

B R E A K



Monday, April 1

Thru Friday, April 5

Monday, April 8	Tuesday, April 9	Wednesday, April 10	Thursday, April 11	Friday, April 12
Breakfast Cinnamon Bun OR *Bacon, Egg, Cheese on a Roll	Breakfast *Smoothie or Parfait OR *Bacon, Egg, Cheese on a Roll	Breakfast *Homemade Muffin OR *Bacon, Egg, Cheese on a Roll	Breakfast French Toast Sticks OR *Bacon, Egg, Cheese on a Roll	Breakfast *Homemade Muffin OR *Bacon, Egg, Cheese on a Roll
Lunch Maxx Pizza Sticks *Tomato Sauce for Dipping Carrot Sticks & Dip Assorted Canned/Fresh Fruit Milk Variety	Lunch *Nacho Platter Seasoned Beef/Cheese Sauce Lettuce/Tomato/Salsa/Sour Cream over Nacho Chips Assorted Canned/Fresh Fruit Milk Variety	Lunch *Twisted Pasta Meat Sauce WW Garlic Bread Green Beans Assorted Canned/Fresh Fruit Milk Variety	Lunch *Hamburger or Cheeseburger on a Bun Lettuce, Tomato, Pickles Oven Baked French Fries Assorted Canned/Fresh Fruit Milk Variety	Lunch Chicken Quesadilla Nacho Chips & Salsa Sour Cream Black Bean & Corn Salad Assorted Canned/Fresh Fruit Milk Variety

SERVED DAILY: Big Daddy Pizza & Chicken Cutlet on a Bun

Monday, April 15

Breakfast

Cinnamon Bun OR

*Bacon, Egg, Cheese on a Roll

Lunch

Meatball Hero

Grated Parmesan Cheese

Broccoli

Assorted Canned/Fresh Fruit

Milk Variety

Tuesday, April 16

Breakfast

*Smoothie or Parfait OR

*Bacon, Egg, Cheese on a Roll

Lunch

*Tacos

Hard or Soft Shell

Seasoned Beef/Lettuce/

Tomato/Shredded Cheese/

Salsa/Spanish Rice

Assorted Canned/Fresh Fruit

Milk Variety

Wednesday, April 17

Breakfast

*Homemade Muffin OR

*Bacon, Egg, Cheese on a Roll

Lunch

*Grown Up Grilled Cheese

Tomato Soup

Oven Baked Fries

Assorted Canned/Fresh Fruit

Milk Variety

Thursday, April 18

Breakfast

French Toast Sticks OR

*Bacon, Egg, Cheese on a Roll

Lunch

*Turkey Dinner

Turkey, Gravy

Mashed Potatoes

Corn

Assorted Canned/Fresh Fruit

Milk Variety

Friday, April 19

Breakfast

*Homemade Muffin OR

*Bacon, Egg, Cheese on a Roll

Lunch

Chicken Quesadilla

Nacho Chips & Salsa

Sour Cream

Black Bean & Corn Salad

Assorted Canned/Fresh Fruit

Milk Variety

SERVED DAILY: Big Daddy Pizza & Chicken Cutlet on a Bun

Monday, April 22

Breakfast

Cinnamon Bun OR

*Bacon, Egg, Cheese on a Roll

No Lunch

Early Dismissal

Tuesday, April 23

PASSOVER

School closed

Wednesday, April 24

Breakfast

*Homemade Muffin OR

*Bacon, Egg, Cheese on a Roll

Lunch

Copy Cat KFC Bowl

Crunchy Popcorn Chicken

Mashed Potatoes

Sweet Corn, Gravy

Assorted Canned/Fresh Fruit

Milk Variety

Thursday, April 25

Breakfast

French Toast Sticks OR

*Bacon, Egg, Cheese on a Roll

Lunch

Double Dog

All Natural Hot Dogs

Chili/Cheese/Sauerkraut/

Relish/Baked Beans

Assorted Canned/Fresh Fruit

Milk Variety

Friday, April 26

Breakfast

*Homemade Muffin OR

*Bacon, Egg, Cheese on a Roll

Lunch

Chicken Quesadilla

Nacho Chips & Salsa

Sour Cream

Black Bean & Corn Salad

Assorted Canned/Fresh Fruit

Milk Variety

SERVED DAILY: Big Daddy Pizza & Chicken Cutlet on a Bun

Monday, April 29

Breakfast

Cinnamon Bun OR

*Bacon, Egg, Cheese on a Roll

Lunch

Wild Mike's Cheese Bites

Tomato Dipping Sauce

Steamed Broccoli

Assorted Canned/Fresh Fruit

Milk Variety

SERVED DAILY: Pizza &

Chicken Cutlet on a Bun

Tuesday, April 30

Breakfast

*Smoothie or Parfait OR

*Bacon, Egg, Cheese on a Roll

Lunch

*Twisted Pasta

Meat Sauce

WW French Bread

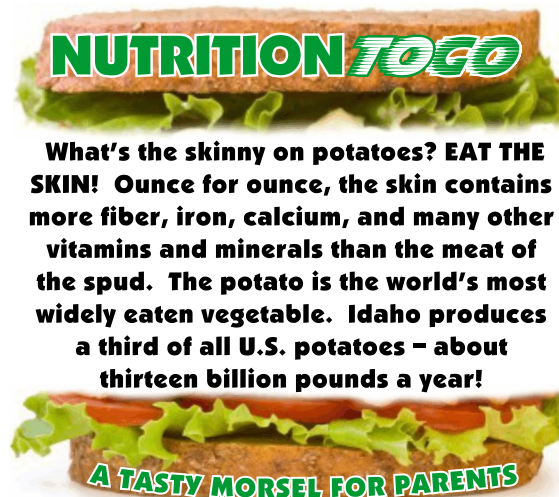
Green Beans

Assorted Canned/Fresh Fruit

Milk Variety

SERVED DAILY: Pizza &

Chicken Cutlet on a Bun



Free School Meals Are Here For Brewster!!!

Free & Reduced Applications Are No Longer Needed.

ALL Brewster Students are eligible for school breakfast & lunch each day at no cost to families!

A La Carte & Snacks Will Still Be Available at Regular Prices.

Any Questions Contact:
dpalmiero@brewsterschools.org
Or call 845-279-3702 ext. 2125